

# KAROO PRIMARY SCHOOL CANTEEN MENU

## SUMMER 2022/23 TERMS 4&1

If anything is missing from the lunch order, please encourage your child to tell their teacher and come to the canteen to collect it.

Please contact the canteen if your child has special dietary requirements.

### EVERYDAY FOOD (GREEN OPTION)



#### HOT MEALS (H=Halal, V=Vegetarian, GF=Gluten Free Avail.)

<b>Beef Lasagne</b>	\$5.00
<b>Spaghetti Bolognaise</b> Home made	\$5.00
<b>Fried Rice (GF)</b> Home made,	\$5.00
<b>Macaroni Cheese(V)</b> Home made	\$4.50
<b>Pasta Napoli (V)</b> Home made	\$4.50
<b>Fresh Chicken Wrap (GF avail)</b> Tortilla, fresh chicken, lettuce, cheese and mayonnaise.	\$5.00
<b>Beef Wrap (H)</b> - Tortilla, beef patty, lettuce, cheese and tomato sauce.	\$5.00
<b>Fish Wrap</b> - Tortilla, fish fillet, lettuce and tartare sauce	\$5.00
<b>Mc Burger (H)</b> - Beef Patty, special sauce, lettuce, cheese, pickled onion.	\$5.00
<b>Chicken Burger(H)</b> - Chicken patty, lettuce, cheese, tomato and mayonnaise.	\$5.00
<b>Cheese Burger(H)</b> -Grilled beef patty, lettuce, cheese, tomato and tomato sauce.	\$5.00
<b>Vegie Burger- (V)</b> Vegetable patty, lettuce, cheese, tomato and mayonnaise.	\$5.00
<b>Hard boiled Egg</b>	\$1.00
<b>Corn Cobette (V)</b>	\$1.00

#### SALAD BOWL - Lettuce, tomato, carrot, cucumber, beetroot \$6.00

& dressing with 1 item of:

Chicken / Ham/ Egg /Tuna /Chicken tender/Chicken or Beef Patty	
Extras: Hard Boiled Egg	\$1.00
Cheese	\$0.60

#### WRAPS / SANDWICHES

GF WRAPS Avail. /WHOLEMEAL or WHITE BREAD

	Sandwich	Wrap/Roll
*SALAD- lettuce, tomato, cucumber, beetroot & carrot	\$5.00	\$5.50
*Meat &Salad- Chicken/Ham/Tuna/Egg/Cheese	\$5.50	\$6.00
*Egg, Lettuce and mayo.	\$5.00	\$5.50
*Chicken, lettuce and mayo.	\$5.00	\$5.50
		<b>Toasted</b>
*Ham and Cheese	\$4.00	\$4.00
*Cheese	\$3.00	\$3.00
*Ham	\$3.50	
*Tomato	\$3.50	
*Vegemite	\$2.50	
*Jam	\$2.50	

Extra Fillings 50c

### SELECT CAREFULLY (AMBER OPTION)

<b>Hot Dog</b> in a Roll	\$4.00
<b>Puppy Dog-</b> ½ a hotdog	\$3.00
Tomato/ BBQ/ Mustard Sauce extra	20c
Cheese extra	40c
<b>Chicken Tender Wrap (H)</b> - Tortilla, chicken tender, lettuce, cheese and mayo	\$5.00
<b>Chicken Nuggets (H)</b> - (3 per serve)	\$3.00
<b>Potato Wedges</b>	\$3.00
Sour cream & Sweet Chili Sce / Salsa extra	\$1.20
<b>Steamed Dim Sims</b> (2 per serve) Soy sauce optional	\$2.00

<b>Meat Pie</b>	\$4.50
-Halal Pie	\$5.00
<b>Pastie- (V)</b> vegetable	\$4.50
<b>Sausage Roll-</b> 4n20	\$3.80
- Halal Sausage Roll	\$4.00
<b>Party Pie</b>	\$1.30
<b>Pizza Slice-</b> Hawaiian- \$4.00 Margarita (V) - \$3.50	
<b>Nacho's- (GF &amp;V)</b> Hot corn chips, mild tomato salsa and melted cheese.	\$5.00
<b>Noodle Cup-</b> Chicken/ Beef	\$3.00

#### SNACKS & DRINKS

Homemade Iced Cupcake	\$2.00
Homemade Muffin	\$1.50
Homemade Biscuit	\$1.5
Homemade slice	\$0.50
Gingerbread Man	\$2.00
<b>Chips-</b> Honey Soy Chicken/ Salt &Vin/ Plain	\$1.50
Popcorn	\$1.20
<b>Big M-</b> Chocolate /Strawberry	\$2.50
<b>Chill J-</b> Sparkling Fruit Juice Drink	\$2.50
<b>Slush Puppie</b> - Fruit Juice Base	\$2.00
<b>Juice Box-</b> Apple / Orange / Apple Blackcurrant	\$2.00

#### FROZEN FOODS

Frozen Yoghurt	\$2.50
Paddle Pop Ice cream- Choc/ Rainbow	\$2.00
Icy twist- Lemonade Icy pole	\$1.80
Calippo- Apple Raspberry	\$1.80
<b>Moosies</b> – Choc. / Blue Moon	\$1.50
Frozen Juice Cup	\$1.00
TNTs / Ice tubes	\$1.00
Frozen Fruit – Pineapple / fruit in season	\$0.50
Paper Bag	\$0.10
Tomato/ BBQ Sauce Satchel	\$0.20